

Special Thanks To My Front Cover Friends



Cool To Be In School

Stephen Fite



BEACH SCHOOL



1. Let's Go

Hey, it's time to start the day
It's time to tour the world
So let's be on our way

Hey, we've got so much to do
So many songs to sing
And you can join us, too

Shake the hand of a friend, now
Give them five if you can now
Come on, come on, come on, come on
and say "let's go!"

Hey, it's time to make some friends
It's time to share some smiles
I hope this day will never end

Hey, we've got no time to waste
It's time to join the day
And you can set the pace

Shake the hand of a friend, now
Give them five if you can now
Come on, come on, come on, come on
and say "let's go!"
Come on let's go tell everyone
That we're on an all-out search for fun

Hey, it's time to start the day
It's time to tour the world
So let's be on our way

Shake the hand of a friend, now
Give them five if you can now
Come on, come on, come on, come on
and say "let's go!"

Activity Suggestions

You can "set the pace" for your day with this fun, upbeat tune. During the chorus you can follow along with Stephen by shaking hands, sharing high fives and saying, "Let's Go!" Each time the kids say "let's go," have them pump or raise their hands/fists into the air on the word "Go."

2. Boogie Down

Can you dance and boogie down
Can you make your body move all
 over town
Arms and legs are shakin'
Groovin' to the beat
If you're dancin' by yourself
Then watch your feet

Let's all boogie down
Everybody on the floor
Shake it to the ground
Get back up and dance some more

Wave your arms so very high
Move them side to side like you're
wavin' to the sky
Now let's put them down come
on move your hips
You know the name of this song
It's on your lips - BOOGIE DOWN!

Chorus

B to the double O-G-I-E
Boogie down to the beat
Your body can't help but dance now
Cause the boogie music is so sweet
We've been searchin' high and low
But a better groove can't be found
Come on join our party
It's time to boogie down

Can you dance and boogie down
Can you make your body move all
 over town
Arms and legs are shakin'
Groovin' to the beat

If you're dancin' by yourself
Then watch your feet

Chorus

Everybody's spinnin'
Come on now let's turn around
Shake it to the floor
Get back up without a sound
Everybody boogie
Come on now let's boogie down

Activity Suggestions

The suggested movements are contained within the lyrics, but the creative dance moves are up to you and the kids. Once the children have learned the song, allow them to move creatively with scarves or streamers. Another variation would be to form a circle and choose someone to dance in the middle. Everyone should copy the creative movements of the person in the center. Set a time limit and have that child choose someone from the circle to take their place. You can pull this tune out during any day in which you work on the letter "B."

3. Put Your Little Hand In

Put your little hand in
Put your other hand in
Now clap them all around
Can you clap them around

Put your little knee in
Put your other knee in
Now bop them all around
Can you bop them around

Put your little foot in
Put your other foot in
Now stomp them all around
Stomp them, stomp them around

Put your little hip in
Put your other hip in
Now twist them all around
Can you twist them around

It's so easy to join in the game
You put it in and you move
them around
Come on girls, come on boys
If you're havin' fun then let's make
some noise

Come on and make some noise
Put your bottom lip in
Put your other lip in
Now kiss them all around
Can you kiss them around

Put your little head in
Please put your little head in
Can you shake it around
Shake it, shake it around

It's so easy to join in the game
You put it in and move it around
Come on girls, come on boys
If you're havin' fun then let's make
some noise
Come on and make some noise

Put your little thumb in
Put your other
thumb in
And get ready
to give me a
big thumbs up

Put your little
tongue in
And wiggle,



wiggle, wiggle that tongue

Put your belly button in
And wobble, wobble, wobble that
belly button

Activity Suggestions

This song/game is a variation on the Hokey Pokey with a few twists thrown in for fun. The lyrics and activities are easy and best performed while standing up, though they can be performed sitting in a chair or on the floor. Note: When putting your bottom lip in, simply extend it out as though you were pouting. When you add the top lip, you should pucker your lips as though you were giving a kiss.

4. Zero The Hero

Let me tell you about a number
That comes just before one
He always tells you just what you have
When you have none

He's Zero the Hero
Counting what you don't have is
his game
That's why Zero's his name

He's Zero the Hero
He's the super hero number that
always counts nothing, that's all
And he's shaped like a ball

If fifteen pennies is what you have
And you buy bubblegum
If fifteen pennies is what that gum cost
Then you have none

That's Zero the Hero
Counting what you don't have is
his game
That's why Zero's his name
He's Zero the Hero
He's the super hero number that
always counts nothing, that's all
And he's shaped like a ball

Let's break it down
You've got one hat
Take one away that's zero
You've got two socks
Take two away that's zero
You've got three bears
Take three away that's zero
You've got four birds
Take four away that's Zero the Hero

Counting what you don't have is
his game

That's why Zero's his name

He's Zero the Hero

He's the super hero number that
always counts nothing, that's all

And he's shaped like a ball

Let's spell it out

Z-E-R-O spells Zero

I said, Z-E-R-O spells zero

I said, Z-E-R-O spells zero

I said, Z-E-R-O spells Zero the Hero

Counting what you don't have is
his game

That's why Zero's his name

He's Zero the Hero

He's the super hero number that
always counts nothing that's all

And he's shaped like a ball

Activity Suggestions

While this song attempts to link Zero and "nothing at all," a little visual aid during the tune will allow the kids to better grasp the concept. Find one hat, two socks, three bears and four birds to show and take away during the breakdown section. You can also give

each child fifteen pennies (or have them bring it from home) to buy bubblegum in your "classroom store." During the spelling section, have the kids skywrite the word ZERO in the air with their finger. When you hear the line, "And he's shaped like a ball," have the kids make a zero/circle shape with their hands by touching thumbs at the top and the four fingers at the bottom, or show an actual ball. Have the kids write or dictate a story about Zero the Hero.

5. It Makes Me Jump

My teacher asks me

Why I love my school

When my teacher asks me

I say because it's cool

It makes me jump

It makes me jump

It makes me jump

It makes me jump

All my friends, they ask me

Why I love my school

And when they ask me

I say because it's cool

It makes me jump

It makes me jump

It makes me jump

It makes me jump

Hey now, let me say

I don't always act this way

I'm usually a bit more subdued

But since you asked me

I have to say it's cool to be in school

Everybody asks me

Why I love my school

And when they ask me

I say because it's cool

Come on now and ask me

Why I love my school

I'll say because it's cool

It makes me jump

It makes me jump

It makes me jump

It makes me jump

Activity Suggestions

Lock the doors and get ready to get the wiggles out! This rockin' tune will give your kids the chance to jump any way

they choose while opening the door for a discussion on the reasons they love school. When you hear the opening words, "My teacher asks me..." have the kids point to you. During the next verse when you hear, "All my friends, they ask me..." have them point to a friend. During the last verse, have them spread their arms out to their sides. During the jumping section, you can explore different ways to jump. Ex: side to side, front to back, in a circle, high as you can, low as you can, etc.

6. Thumbs Up

Thumbs up

When you've seen something cool

Thumbs up

Or learned something at school

Thumbs up

A fun message you send

Thumbs up

To your teacher and friends

On the count of three I want you

to give me a big quick thumbs up

1 - 2 - 3

Thumbs up

Activity Suggestions

When something positive happens during the classroom day, put this little ditty on and CELEBRATE! It's short and sweet and fun for the kids. You can make "Thumbs Up" a class signature celebration for positive happenings or individual accomplishments. Try having "Thumbs Up" races during the day. Simply say, "Thumbs Up Race" when they least expect it and see if they can beat you. The "Race" also offers the added bonus of focusing the kids attention on you.

7. Cool To Be In School

Oh yes, it's cool to be in school
Oh yes, it's cool to be in school
We're gonna have some fun
Oh, the whole yearlong so come on

Well everybody if you like your teacher
I mean now if you really like
your teacher
Then say - "Oh teacher I love you"

And if you like the friends you make
in school

Then give a present that's oh so cool
Give a hug, to anyone, it's so
much fun

Chorus

Now everybody if you like to read
I mean now if you really like to read
Then say - "Teacher, teacher
please read to me"

And if you really like to write
your name

Let's use our finger in a
skywriting game

In the air, write it there and
everywhere

Chorus

Now everybody if you like to sing
I mean now if you really like to sing
Then sing - "Yeah baby, I'm so cool
in school"

Now everybody if you like to dance
Then get ready now cause here

Shake it up and shake it down then
all around

Chorus

Activity Suggestions

Tell the kids to reach in their pockets, pull out their imaginary surfboards, drop them on the floor and get ready to SURF! During the chorus, have them stand on the boards, bend their knees and rock back and forth like they are riding the waves. During the three verses, have them listen to and participate in the activities found in Stephen's lyric cues. Try having a Cool To Be In School day in your classroom where everybody dresses up in beach clothes, sunglasses and leis, or whatever you and your class think "cool to be in school clothes" would be.

8. It's A Pizza

Hey, it's a pizza
A pepperoni pizza
With lot's of cheese
And tons of pepperonis
Something is missing

Where's the sauce
Oh, no, oh, no the sauce jar is broken
Come on everybody
We can do it softer
Hey, it's a pizza...
...We can do it louder
Hey, it's a pizza...
...We'll have to do it again

Activity Suggestions

A delectable and delicious chant that every pizza-loving kid will enjoy! Simply follow along and repeat everything Stephen says. After everyone has learned the words and rhythm, explore other variations without the help of the recording such as faster, slower, silly, etc. You can also try making up your own similar chant(s) about any subject. If Pizza is what you're having for lunch today, this is the perfect appetizer.

9. Rockin' To One Hundred

We're rockin' to one hundred
Countin' to the number we want
to see
Rockin' to one hundred

Movin' towards the place we want
to be

And when we've been
We'll do it all again

You know we're rockin' to
one hundred

Countin' to the number we want
to see

Rockin' to one hundred

Movin' towards the place we want
to be

And when we've been
We'll do it all again

1, 2, 3, 4, 5, 6, 7, 8

9, 10, 11, 12, 13, 14, 15, 16

17, 18, 19, 20, 21, 22, 23, 24

25, 26, 27, 28, 29, 30, 31, 32

33, 34, 35, 36, 37, 38, 39, 40

41, 42, 43, 44, 45, 46, 47, 48, 49, 50

Halfway to one hundred

Countin' to the number we want
to see

Halfway to one hundred

Movin' towards the place we want
to be

And when we've been
We'll do it all again

51, 52, 53, 54, 55, 56, 57, 58

59, 60, 61, 62, 63, 64, 65, 66,

67, 68, 69, 70, 71, 72, 73, 74

75, 76, 77, 78, 79, 80, 81, 82

83, 84, 85, 86, 87, 88, 89, 90

91, 92, 93, 94, 95, 96, 97, 98

99, 100

We've rocked it to one hundred

Counted to the number we wanted
to see

Rocked it to one hundred

We moved it towards the place we
wanted to be

And since we've been

We can do it again

Now that we've been

We can do it again

Now that we've been

We can do it again

Rockin' hundred

Rockin' to one hundred

Activity Suggestions

You can use this as your class song for the Hundredth Day Of School or just as an aid for learning to count to One Hundred. If the kids enjoy the music, let them dress up like "little rockers" so that they may better get into character when singing the tune. There is a dance section at the end of the song to allow them to celebrate their "Rockin' To One Hundred" accomplishment.

10. Skip Countin'

I know a girl and her name is Sue
The other day I heard her countin'
by two

And she was countin'
2-4-6-8-10-12-14-16-18-20
Countin' by two

I saw a dog chase a cat up a tree
Next time I saw him he was countin'
by three
And he was countin'
3-6-9-12-15-18-21-24-27-30
Countin' by three

Went to a friends house and
walked through the door
When I came out I was countin'
by four

And I was countin'
4-8-12-16-20-24-28-32-36-40
Countin' by four

I heard some bees buzzin' in their
beehive
Makin' honey and a' countin' by fives
And they were countin'
5-10-15-20-25-30-35-40-45-50
Countin' by five

I had to help my dad pick up
some sticks
Before I knew it we were countin'
by six
And we were countin'
6-12-18-24-30-36-42-48-54-60
Countin' by six

This old man - everyday he's in heaven
Playin' knick-knack and a' countin'
by seven
He'll be countin'
7-14-21-28-35-42-49-56-63-70
Countin' by seven

I gotta hurry now - don't wanna
be late
Don't want to miss it when
we're countin' by eight
And we'll be countin'
8-16-24-32-40-48-56-64-72-80
Countin' by eight

Last week in school you know I saw
a big sign
It said you're cool if you're countin'
by nine
And we'll be countin'
9-18-27-36-45-54-63-72-81-90
Countin' by nine

We're almost through but we can do
it again
My favorite part is when we're
countin' by ten
Come on let's count it
10-20-30-40-50-60-70-80-90-100
We're countin'
Oh, we're countin' by ten

Activity Suggestions

Even if your kids are unable to grasp the concept of "Skip Counting," they will as

a result of repetition learn the intervals and lay the groundwork for learning math skills down the road. So prepare yourself for a rollicking, rock 'n roll ride as we skip count from 2 to 10. For a little added fun, have the children play air guitar during the solo. You might also consider letting the kids create their own rhyming verses for each numeral.

11. Compound Words

We're goin' to a place where
the words all meet
It's where they go to become
Something bigger than they
were before
Each has a friend now
Cause they're a compound word
A compound word

I say air, you say plane
Air - plane, airplane
I say out, you say side
Out - side, outside
I say play, you say ground
Play - ground, playground
I say space, you say ship
Space - ship, spaceship

With a compound word you
get double
You get two words for the price of one
And you'll find that they're no
trouble to say
Come on sing along and have
some fun

We're goin' to a place where
the words all meet
It's where they go to become
Something bigger than they
were before
Each has a friend now
Cause they're a compound word
A compound word

I say ____, you say ____
____ - ____, _____
I say ____, you say ____
____ - ____, _____
I say ____, you say ____
____ - ____, _____
I say ____, you say ____
____ - ____, _____

With a compound word you get
double

You get two words for the price of one
And you'll find that they're no
trouble to say
Come on sing along and have
some fun

Activity Suggestions

During the first verse Stephen has given you examples of compound words that most, if not all children will know. During the second verse, he has left you blanks whereby you can work on new words or a single word that you want to introduce. Outside the classroom, have the children look for and bring back compound words they learned from relatives, friends, books, radio or television. Make a classroom compound word mural to which the kids can contribute. Let the kids make up silly or nonsensical compound words.

12. Wonderful Day

I'd like to share a melody with you
A little song to help us end our day
All you need to do, all you need to do
is sing each line after me

And when we're done we'll be on
our way

Won't you come along
Join me in the song
It's time to say so long
It's been a wonderful day
When you sing this way
It takes your cares away
I'm so happy to say
It's been a wonderful day

I'd like to share another day with you
With sunny skies and no sign of rain
All we need to do is sing this melody
And just remember this little game

Chorus

It's been great to share this time
with you
This day is growing old but
tomorrow will be so new

Won't you come along
Join me in the song
It's time to say so long
It's been a wonderful day

When you sing this way
It takes your cares away
I'm so happy to say
It's been a wonderful
A wonderful day
Everybody sing, whoa-yeah
Na, na, na
La, la, la
A wonderful day
Scooby-doo-by-doo
It's cool to be in school
It's been a wonderful
A most wonderful day

Activity Suggestions

You can use this as a transition tune to calm the children and end your day on a musical note. The tune is a call and response vehicle that will work on listening/vocal skills as they repeat the different lines and variations they hear Stephen sing. This can be used during large group time or while the children are readying the room and themselves.

CREDITS

Words & Music

Words & Music by Stephen Fite
Arranged & Produced by Stephen Fite

Musicians

Percussion	Randy Nichols
Guitars	Mark Poole
Bass	Chuck Archard
Keyboards	Michael Hurley
Trumpet	Charlie Bertini
Saxophone	Eddie Marshall
Lead Vocals	Stephen Fite
Background Vocals	Mike Wise
	Randy Nichols
	Patti Pool
	Michelle Lindahl

Children's Vocals

Abigail Inyang
Jackie McCarthy
Michael Paulauski

Recorded & Mixed at

Lone Pine Studios, Orlando, Florida
Engineer Michael Hurley
Mixing Engineers Tom Rau
Michael Hurley

Graphic Design by Debbie Weekly
Weekly Design, Okla. City, Oklahoma

Photography by Keith Ball
Keith Ball Photography,
Okla. City, Oklahoma

For the location of your nearest Melody House dealer, a free Catalog, or for ordering information, write to, or call us at:

Melody House, 819 N.W. 92nd Street, Okla. City, OK 73114
800/234-9228

Be sure to visit our website at: melodyhousemusic.com

Stephen Fite may be contacted at 800/234-9228 regarding Concert, Workshop and Keynote information.